President's Message

Thank you to the Conference Committee for a very successful conference! The speakers were informative and entertaining and all attending seemed to have an enjoyable time. The Committee is already planning for next year's conference.

Congratulations to Kierra Champlin-Kuhn RN, BS, EMT-B, a New York State ENA member who was awarded one of 3 ENA Foundation 2009 Leadership Tapestry scholarships. The amount of the scholarship was $1,000 toward expenses to attend the ENA Leadership Conference 2009, which was held in Reno, NV in March. The award was donated by Cindy Lefron, Psychological Associates, in honor of Denise King, 2008 ENA President.

The application letter written by Ms. Champlin-Kuhn reads, in part: “Since I have been five years old, I have known that I wanted to be a nurse. My career in nursing took some wrong turns initially but as my “calling” would win life over, I became a nurse. I started in the emergency department in the eighties as a unit secretary. I fell in love with the ED. I returned to school to complete my LPN and 10 months later returned to school to complete my RN. My career eventually left the urban setting and turned to rural New York where I had been raised. Rural nursing really helped me to “calling” would win life over, I became a nurse. I started in the emergency department in the eighties as a unit secretary. I fell in love with the ED. I returned to school to complete my LPN and 10 months later returned to school to complete my RN. My career eventually left the urban setting and turned to rural New York where I had been raised. Rural nursing really helped me to

COMMUNICATIONS COMMITTEE

Please submit any ideas, suggestions, or articles to:

Editor: Phyllis Parker www.nysena.org (click Contact Us) pparker39@optimum.net
You can contact us via the website: www.nysena.org, Click on Contact Us.

Deadlines for the next newsletters:
August 22 & November 21, 2009

ENA IS GOING GREEN!
This newsletter is now printed on recycled paper.
Paper contains 30% post-consumer recycled fiber.

Do you have a clinical question?
Send it to us.
One of our expert clinicians will answer it in a future newsletter
Edna M. Klein, DNP, RN-BC, CCRN, CEN, CPEN
lkosits@montefiore.org

I recently sat for the new Certified Pediatric Emergency Nursing (CPEN) exam and passed. As an instructor who teaches Certified Emergency Nurse (CEN) review programs, I would like to provide you with tips to assist you in successful completion.

First, go to the ENA website and review the Candidate Handbook. It provides a detailed content outline of the exam, including a breakdown of each specific area and how many questions per topic are on the exam. Content areas include: triage, assessment, patient and family care, including managing technical skills, medical emergencies, surgical emergencies, trauma, procedural sedation, psychological emergencies, maltreatment, and legal and professional issues. Review this content outline to determine how much of the information you need to study. You should look at the number of questions asked in each specific area to help weigh how much you should study that particular area.

Secondly, use nationally recognized reference materials to study. I would recommend the Emergency Nursing Pediatric Course Provider Manual, the American Heart Association Pediatric Advanced Life Support Manual, the American Academy of Pediatrics and the American College of Emergency Physicians textbook for Advanced Pediatric Life Support, The Pediatric Emergency Medicine Resource and the Core Curriculum for Pediatric Emergency Nursing. You may also want to take or renew your PALS, BLS and ENPC within a few weeks prior to sitting for the exam.

Thirdly, register immediately. Now you will be motivated to study and succeed. Nurses often take too long procrastinating. Once you pay online, you have a 90-day window to register for the exam. You can sign on at any time to register for an exam date within the 90-day window.

Lastly and most important, remember the exam is geared to an emergency nurse with 2 years experience. If you have many years of ED experience, the exam is often a challenge because you are thinking at a higher level than the question is asking. An example of this is a question concerning a child who has a name of the substance is given in the scenario; the correct answer is an example that answers the question because the child is thought about at a level that is higher than the question is asking. The question often asks for the PRIORITY intervention, which means airway, breathing and circulation interventions come before anything else regardless of what the scenario is. An example of this is a question concerning a child who has a particular poisoning which is causing respiratory distress and the name of the substance is given in the scenario, the correct answer would be to administer oxygen as the priority before giving an antitoxin for that substance.

Congratulations to our EMS colleagues who celebrated EMS Week May 18-24. Thanks for all you do for the sick and injured in our communities.
EMERGENCY NURSES ASSOCIATION FOUNDATION STATE CHALLENGE

Laura Giles, Immediate Past President
ENA Foundation Board Member

The Emergency Nurses Association Foundation (ENAF) State Challenge is now in progress. NY has been recognized for its support of the ENAF in past years, most recently in 2008 at the national ENA conference in Minnesota. As NYSCENA 2008 President I accepted a beautiful award for our commitment to the foundation’s goals to support education and research.

We have a great start towards a successful record of giving in 2009 from our Reverse Raffle at the “Setting the Pace” conference in Saratoga. Our contributions help support the ENAF Scholarship Fund, State Challenge Fund, ENA Prehospital Provider Scholarship Fund, Pre-hospital Provider Integrity Scholarship Fund, and the Nurse Provider Scholarship Fund.

The first course offered in March was successful and yielded the ability to register on line, submit the following materials by the 2009 Annual Meeting. All current TNCC Course Certification Workgroup is pleased to announce that the new one-day ENA course will precede the NYS Council meeting in Rochester.

www.nysena.org, click on courses, then on TNCC/ENPC to find NYS. The course materials will be sent via postal service is June 25, 2009. Web registration is available by the 2009 Annual Meeting.

If you would like to make a contribution to the ENAF, please send a check and indicate it to be directed to the 2009 ENAF NY State Challenge. You can also request the contribution go to the 2009 NY 9/11 Scholarship; this will help us to create a self-funding scholarship program. You can help make that difference!

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You can be a part of this process. New York State ENA will have about 40 delegates to the convention. Delegates are selected by the State Board. If you want to apply to be a delegate to the convention, contact Sue Chalupa Breese. State President email an application: sbreese@rochester.rr.com. Delegates are selected based on participation in ENA, including local and state activities.

Going to the General Assembly is a great opportunity to see how ENA works, and to meet and network with fellow emergency nurses. You will experience problem solving, creative thinking, and a lot of fun. Hope to see you in Baltimore!

NEWS FROM THE CHAPTERS

Adirondack has 217 members and is growing! On May 29th, they are sponsoring an all day 12-lead EKG course. See Upcoming Conferences for their June 4 meeting. Their conference is Sept. 11th at Lake George. Brooklyn -Staten Island has 247 members. Their Education Day was held on May 13 with NY Poison Update, Therapeutic Hypothermia and Management of Acute Hypocalcemia as topics. A Domestic Violence conference is planned in August.

Chatt has increased their membership to 30. Their January meeting was well attended. They may have additional new members who obtained their CCN. See Upcoming Conferences for their June 17 meeting.

Geneva has 160 members. They plan to hold their chapter conference on April 11.

Lower Hudson has 111 members with 30-40 new members. They had 20 attendees at a CEN review class on April 3 and 4.

Monticello, the Mohawk Valley, was holding a Fall course for October or November. Contact Susan McAleney for more info: smcAl@monticort.org

Mark Twain has 55 members.

Mid Hudson has more than 150 members. They have been presenting Elderly Fall Prevention and Teen Driving/DWI Prevention courses. A TNCC class was held Jan 23 and 24 in Middletown.

Mohawk continues to provide EMS Education on the 2nd Saturday of each month at Bassett Hospital with 3 CEU’s given. They are also doing in-school presentations in schools, as well as safety fairs, stroke, fall prevention and teen driving presentations and safety seat checks. See Cen course activity or contact them.

Nassau Queens has approximately 260 members. Falls Prevention for Seniors, Date Rape Prevention for HS students and Heads Up concussions are Injury Prevention programs they provide. An EMS conference was held on May 15. They are averaging 36 students per TNCC/ENPC class. See Upcoming Conferences for their June 3 conference.

Southern Tier has 53 members and 10 pending members. They will have an informational and member recruitment table at their local Trauma Teaching Day. An educational dinner on Pediatric Trauma is being planned.

Suffolk has about 300 members and is happy to be hosting the August NYSCENA meeting. An update on the H1N1 flu was presented at their May meeting. Their June board meeting was for a CEN Review class.

Western has 99 members. In Feb., they had an ACS biomarkers presentation and provided retirement planning information in April.

Syncope is the topic for the June meeting and Bioterrorism will be presented by the Health Commissioner at their August meeting.

CALL FOR DELEGATES

Mary Schmidt Roth
This year ENA will hold its annual business meeting, the General Assembly in Baltimore on October 7th and 8th. Following 2 days of meetings, ENA will then hold its Annual Conference. The theme for this year is Strengthen, Transform, and Transcend. Going to the annual meeting as a delegate gives nurses a chance to transform themselves into leaders of their profession. They can use their vote and voice to shape the direction of the profession.

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The 2009 “Setting the Pace Awards” ceremony was held on April 24th in Saratoga Springs. Over 140 attendees were present for the special awards ceremony. It was with great honor that I presented awards to the following:

Anita Dorr Award was presented to Phyllis Parker. Phyllis is a long-standing member of the NYSCENA and her local chapter. Her calm and positive manner has encouraged many throughout her years of emergency nursing. She is always first to volunteer and mentors many. She is also the Communications Chair for the NYSCENA.

Nurse Educator of the Year was given to Meg Barry. Meg has been instrumental in educating many emergency nurses throughout her career. She is an instructor for many of the Emergency Nurses Association classes-Trauma Nurse Core Curriculum, Emergency Nurse Pediatric Course and Certified Emergency Nurse Review Class, to name a few. Meg has also presented classes at NYSCENA annual spring conferences.

Special Recognition Award was presented to Jill McLaughlin. Jill has been recruiting members to her local chapter and has recruited 20 members to date. She is taking an active role at her local chapter.

Ginny Hens EMS Nurse of the Year Award was given to Bonnie Bezon. Bonnie is active at the local EMS level, providing education for the volunteer fire departments from defibrillator training to medications administration. She has also given presentations at the EMS council meetings and in her district schools.

Please congratulate these prestigious award winners. I would also like to extend my deepest regards to all the winners and their families. It was truly an honor this year to be an integral part of this process.

The New York State Council of the Emergency Nurses Association Would like to thank the following for their support of Setting the Pace 2009:

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**CONFERENCE BASKET RAFFLE**
A SUCCESS!

The annual basket raffle held at Setting the Pace 2009 conference was a great success! Fundraising for the ENA Foundation 9/11 scholarship totaled $2350, the largest amount raised to date. The selection and variety of more than 50 baskets and gifts reached new heights this year. A partial listing of donated items includes wine baskets, several lovely pieces of jewelry, the usual lovely Coach bag, a weekend in the Adirondacks, a lilac tree, tickets to a Broadway show, an iPod, and there were many other items. Thanks to all those to contributed to this wonderful event and an invitation goes to all members to come and join us next year to participate in all the fun.

**ENA NATIONAL ELECTIONS**
The New York State Council encourages all members to vote for our national officers. All ENA members with an e-mail address on file at the ENA National Office should have received voting instructions by e-mail. All others should have received a paper ballot.

If you have not received either a paper or electronic ballot, please contact the National Office at 800-900-9659, extension 4095 or by email at execoffice@ena.org.

Voting ends Friday June 12, 2009 at 5:00 p.m. Central time. Don’t forget to vote!